



CONTINENTAL DIVIDE TRAIL COALITION FRONTCOUNTRY GEAR LIST

Camping

- Tent with rain fly
- Ground cloth/footprint
- Sleeping pad
- Sleeping bag

Clothing

- Hiking socks
- Long pants for worksite: synthetic, jean, or sturdy material (NO SHORTS or SWEATS)- more than one pair recommended
- Thermal long underwear
- Short & long sleeve shirts
- Synthetic layers
- Camp pants
- Raincoat
- Rain pants
- Warm jacket, warm gloves, and warm hat
- Sun hat
- Camp shoes

Optional Items

These items are optional based on the volunteer's interests and worksite location.

- Battery Pack
- Book
- Bear spray
- Whistle
- Fishing Gear & permit
- Swimsuit & towel
- Bandana
- Gear repair kit
- Trail map & compass
- Knife or multi-tool
- Camera
- Binoculars
- Personal First Aid Kit

Work

- Sturdy boots
- Daypack (recommended 35 liter at minimum or large enough to carry water, food, raincoat, extra layers, and tools while working)
- Sunglasses
- Two 2-liter water bottles

Personal

- Camping Dishware (plate, bowl, thermos, utensils)
- Tupperware (for lunch on trail)
- Camp stove & gas
- Waterproof matches or lighter
- Headlamp and extra batteries
- Food, snacks, & water for duration of project
- Personal medication
- Sunscreen & lip balm
- Hand sanitizer
- Soap
- Large Garbage Bags (for waterproofing)
- Face masks
- Insect repellent
- Trowel, toilet paper & Ziploc bags (Pack it in, Pack it out)
- Camp chair
- Caribiner

Unwelcome Items

- Fuzzy friends
- Illegal substances